COVID-19 Exposure Chart

I've had a "Close Contact" w/ someone w/ COVID-19

Are you "up-to-date on COVID-19 vaccinations" or have you had a "confirmed case of COVID-19 within the past 90 days?"

NO

Quarantine at home for at least 5 full days and get tested at least 5 days after last close contact, even if you never develop symptoms.

Is my test positive for COVID-19?

NO

You may leave quarantine but must continue to wear a mask and monitor for symptoms until 10 days after your last close contact. If symptoms develop, isolate immediately and get tested.

YES

Isolate at home for 5 days. You may end isolation after 5 full days if you are fever-free for 24 hours (without taking fever reducing medication) and your other symptoms are improving. You must wear a mask until 10 days after your positive test regardless of whether you had symptoms or not. If you were severely ill with COVID-19, isolate for at least 10 days and consult your doctor before leaving isolation.

YES

You do not need to quarantine, but must still wear a mask, get tested at least 5 days after last close contact (unless you have had a confirmed case of COVID-19 within the past 90 days), and monitor for symptoms until at least 10 days after last close contact.

Is my test positive for COVID-19?

YES

NO

You may leave quarantine but must continue to wear a mask and monitor for symptoms until 10 days after your last close contact. If symptoms develop, isolate immediately and get tested.

Key Defined Terms:

"**Close contact**" means being less than 6 feet away from an infected person for a cumulative total of 15 minutes or more in a 24-hour period (*i.e.*, 3 different 5-minute exposures in 24 hours is a close contact).

"**Up-to-date on COVID-19 vaccinations**" means you have received all recommended vaccine doses, including any booster dose(s) when eligible (boosters are currently recommended 5 months after completing primary Pfizer or Moderna vaccinations and 2 months after receiving J&J).

"**Confirmed case of COVID-19 within the past 90 days**" means you tested positive for COVID-19 within the last 90 days using a viral test (including OTC rapid antigen tests) and have since recovered from COVID-19.

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